

Entered: __/__/20__ mm dd yy	Initials: _____	Verified: __/__/20__ mm dd yy	Initials: _____
Patient ID _____ - ID _____ - _____	Certification : CERT _____ (NIDA study only)		Visit: VISIT _____
For office use only.			

Excessive Skin Survey (ESS) – Version 11/30/2011 FORMV

Form Completion Date __/__/20__ **ESSDAT**
mm dd yy

Instructions: The following questions assess your satisfaction with your **appearance since undergoing bariatric surgery**.

The following question asks you to rate your satisfaction with your overall appearance.

- On a scale from 1 to 9, with 1 being extremely unattractive and 9 being extremely attractive, how would you **currently** rate your overall appearance? (circle one)

1	2	3	4	5	6	7	8	9
Extremely unattractive				ESSAPR				Extremely attractive

The remaining questions focus on specific body parts, and include questions regarding problems which may result from weight loss. Please go to the next page.

2.1 **Currently**, how bothered are you by excess skin on your **upper arms**?

- 1. Not at all **UABOTHR**
- 2. Slightly bothered
- 3. Moderately bothered
- 4. Greatly bothered

2.2 Do you **currently** have rashes or open sores on your **upper arms**?

- 0. No **UARASH**
- 1. Yes

2.3 **Since having bariatric surgery** have you had contouring surgery on your **upper arms**? **UASURG**

0. No →

a. How much do you desire to have contouring surgery on your upper arms?

- 1. Not at all **UASURGD**
- 2. Just a little
- 3. Somewhat
- 4. A lot
- 5. A great deal

b. What is your primary reason for not having had surgery? **UASURGR**

- 1. Don't want it (for any reason including: Don't need it, excess skin not a problem, pain/risk/recovery time of surgery, etc.
- 2. Costs too much /insurance won't cover it.
- 3. Not recommended by my doctor
- 4. My weight is still changing/waiting, but plan to have surgery
- 5. Other, specify: **UASURGO** _____

1. Yes →

c. Prior to contouring surgery how bothered were you by excess skin on your **upper arms**?

- 1. Not at all **UASURGB**
- 2. Slightly bothered
- 3. Moderately bothered
- 4. Greatly bothered

d. Prior to contouring surgery did you develop rashes or open sores on your **upper arms**?

- 0. No
- 1. Yes **UASURGS**

e. Did a third party payer pay for the surgery or did you pay "out of pocket"?

- 1. 3rd party payer (insurance paid)
- 2. "out of pocket" (you paid)
- 3. Both 3rd party payer and "out of pocket" **UASURGP**

3.1 **Currently**, how bothered are you by excess skin on your **back**?

- 1. Not at all
- 2. Slightly bothered **BBOTHR**
- 3. Moderately bothered
- 4. Greatly bothered

3.2 Do you **currently** have rashes or open sores on your **back**?

- 0. No
- 1. Yes **BRASH**

3.3 **Since having bariatric surgery** have you had contouring surgery on your **back**?

0. No →

BSURGD

a. How much do you desire to have contouring surgery on your **back**?

- 1. Not at all
- 2. Just a little **BSURGD**
- 3. Somewhat
- 4. A lot
- 5. A great deal

b. What is your **primary** reason for not having had surgery ? **BSURGR**

- 1. Don't want it (for any reason including: Don't need it, excess skin not a problem, pain/risk/recovery time of surgery, etc.)
- 2. Costs too much /insurance won't cover it.
- 3. Not recommended by my doctor
- 4. My weight is still changing/waiting, but plan to have surgery
- 5. Other, specify: **BSURGO** _____

1. Yes →

c. Prior to contouring surgery how bothered were you by excess skin on your **back**?

- 1. Not at all **BSURGB**
- 2. Slightly bothered
- 3. Moderately bothered
- 4. Greatly bothered

d. Prior to contouring surgery did you develop rashes or open sores on your **back**?

- 0. No **BSURGS**
- 1. Yes

e. Did a third party payer pay for the surgery or did you pay "out of pocket"?

- 1. 3rd party payer (insurance paid)
- 2. "out of pocket" (you paid) **BSURGP**
- 3. Both 3rd party payer and "out of pocket"

4.1 **Currently**, how bothered are you by excess skin on your **chin/neck**?

- 1. Not at all
- 2. Slightly bothered **CNBOTHR**
- 3. Moderately bothered
- 4. Greatly bothered

4.2 Do you **currently** have rashes or open sores on your **chin/neck**?

- 0. No
- 1. Yes **CNRASH**

4.3 **Since having bariatric surgery** have you had contouring surgery on your **chin/neck**?

0. No →

CNSURG

a. How much do you desire to have contouring surgery on your **chin/neck?**

- 1. Not at all
- 2. Just a little **CNSURGD**
- 3. Somewhat
- 4. A lot
- 5. A great deal

b. What is your **primary reason for not having had surgery? **CNSURGR****

- 1. Don't want it (for any reason including: Don't need it, excess skin not a problem, pain/risk/recovery time of surgery, etc.
- 2. Costs too much /insurance won't cover it.
- 3. Not recommended by my doctor
- 4. My weight is still changing/waiting, but plan to have surgery
- 5. Other, specify: **CNSURGO** _____

1. Yes →

c. **Prior to contouring surgery how bothered were you by excess skin on your **chin/neck**? **CNSURGB****

- 1. Not at all
- 2. Slightly bothered
- 3. Moderately bothered
- 4. Greatly bothered

d. **Prior to contouring surgery did you develop rashes or open sores on your **chin/neck**? **CNSURGS****

- 0. No
- 1. Yes

e. Did a third party payer pay for the surgery or did you pay "out of pocket"?

- 1. 3rd party payer (insurance paid) **CNSURGP**
- 2. "out of pocket" (you paid)
- 3. Both 3rd party payer and "out of pocket"

7.1 **Currently**, how bothered are you by excess skin on your **rear/buttocks**?

- 1. Not at all **RBBOTHR**
- 2. Slightly bothered
- 3. Moderately bothered
- 4. Greatly bothered

7.2 Do you **currently** have rashes or open sores on your **rear/buttocks**?

- 0. No **RBRASH**
- 1. Yes

7.3 **Since having bariatric surgery** have you had contouring surgery on your **rear/buttocks**?

0. No →

RBSURG

a. How much do you desire to have contouring surgery on your rear/buttocks?

- 1. Not at all **RBSURGD**
- 2. Just a little
- 3. Somewhat
- 4. A lot
- 5. A great deal

b. What is your primary reason for not having had surgery? **RBSURGR**

- 1. Don't want it (for any reason including: Don't need it, excess skin not a problem, pain/risk/recovery time of surgery, etc.
- 2. Costs too much /insurance won't cover it.
- 3. Not recommended by my doctor
- 4. My weight is still changing/waiting, but plan to have surgery
- 5. Other, specify: **RBSURGO** _____

1. Yes →

c. Prior to contouring surgery how bothered were you by excess skin on your **rear/buttocks**? **RBSURGB**

- 1. Not at all
- 2. Slightly bothered
- 3. Moderately bothered
- 4. Greatly bothered

d. Prior to contouring surgery did you develop rashes or open sores on your **rear/buttocks**? **RBSURGS**

- 0. No
- 1. Yes

e. Did a third party payer pay for the surgery or did you pay "out of pocket"?

- 1. 3rd party payer (insurance paid) **RBSURGP**
- 2. "out of pocket" (you paid)
- 3. Both 3rd party payer and "out of pocket"

8.1 **Currently**, how bothered are you by excess skin on your **thighs**?

- 1. Not at all
- 2. Slightly bothered **TBOTHR**
- 3. Moderately bothered
- 4. Greatly bothered

8.2 Do you **currently** have rashes or open sores on your **thighs**?

- 0. No
- 1. Yes **TRASH**

8.3 **Since having bariatric surgery** have you had contouring surgery on your **thighs**?

0. No →

TSURG

a. How much do you desire to have contouring surgery on your thighs?

- 1. Not at all
- 2. Just a little **TSURGD**
- 3. Somewhat
- 4. A lot
- 5. A great deal

b. What is your primary reason for not having had surgery? **TSURGR**

- 1. Don't want it (for any reason including: Don't need it, excess skin not a problem, pain/risk/recovery time of surgery, etc.)
- 2. Costs too much /insurance won't cover it.
- 3. Not recommended by my doctor
- 4. My weight is still changing/waiting, but plan to have surgery
- 5. Other, specify: _____ **TSURGO**

1. Yes →

c. Prior to contouring surgery how bothered were you by excess skin on your **thighs**?

- 1. Not at all **TSURGB**
- 2. Slightly bothered
- 3. Moderately bothered
- 4. Greatly bothered

d. Prior to contouring surgery did you develop rashes or open sores on your **thighs**?

- 0. No
- 1. Yes **TSURGS**

e. Did a third party payer pay for the surgery or did you pay "out of pocket"?

- 1. 3rd party payer (insurance paid)
- 2. "out of pocket" (you paid)
- 3. Both 3rd party payer and "out of pocket" **TSURGP**